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If you're a Bar Rescue fan, you'll definitely like DON'T BULLSH\*T YOURSELF!, but anyone that wants their personal development served up as straight talk instead of platitudes will find good value here. ProudMoney.com

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Bestseller! Bar Rescue's Jon Taffer  
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Excuses That Are Holding You Back by  
Jon Taffer (2018, Hardcover)

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If you can stop bullsh\*tting yourself and address your real issues, you will gain the power to turn your life around completely. Taffer breaks excuses down into six major categories, illustrating them with real-life examples such as Marcus Luttrell, the lone survivor of a SEAL team mission in Afghanistan who barely escaped Taliban territory, and Christine King, founder and CEO of Your Best Fit, who, despite being paralyzed in a horrific boating accident, went on to build a successful fitness ...

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Don't Bullsh\*t Yourself! is a brutally honest, no-nonsense guide that will help you kick those excuses to the curb. If you can stop bullsh\*tting yourself and address your real issues, you will gain the power to turn your life around completely.

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honest, no-nonsense guide to help you  
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stop bullsh\*tting yourself and 332  
People Used More ...

## ~~Don't Bullsh\*t Yourself!: How To The Best Guides ...~~

Jon Taffer just wrote a book, Don't  
Bullsh\*t Yourself: Crush the Excuses That  
Are Holding You Back, where he takes  
what he knows about turning around  
failing bars (which ultimately comes down  
to...

## ~~Do These 6 Things to Crush the Excuses That Are Holding ...~~

Don't Bullsh\*t Yourself! is Jon Taffer's  
brutally honest, no-nonsense guide to help  
you kick those excuses to the curb. If you  
can stop bullsh\*tting yourself and address  
your real issues, you will gain the power to

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~~Don't Bullsh\*t Yourself! by Jon Taffer:  
9780735217003 ...~~

This book is almost as good as having Jon in your face on Bar Rescue, telling you the hard truths you've been avoiding. Don't Bullsh\*t Yourself is Jon Taffer's brutally honest, no-nonsense guide to help you kick those excuses to the curb.

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1. Fear 2. Lack of knowledge 3. Lack of time 4. Circumstances 5. Ego and lack of confidence 6. Scarcity (lack of funds or resources)

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Details: Jon Taffer, the popular host of Spike TV's Bar Rescue, doesn't sugarcoat -



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Excuses That Are Holding You Back  
he tells it like it is. In *Don't Bullsh\*t Yourself!*, he teaches you how to stop fooling yourself and turn your excuses into solutions, to improve your life and business.. As host of SpikeTV's hugely popular *Bar Rescue*, Jon Taffer gives struggling bars one last chance to succeed with a mixture of business acumen ...

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*Don't Bullsh\*t Yourself!* is Jon Taffer's brutally honest, no-nonsense guide to help you kick those excuses to the curb. If you can stop bullsh\*tting yourself and address your real issues, you will gain the power to turn your life around completely.

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